



St. Mark – Ocean Park Anglican Church

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E-PULSE **NEWSLETTER OF** **ST. MARK OCEAN PARK** **FEBRUARY 6, 2022**

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided this week by Morny White to the Glory of God and in thanksgiving for God's many blessings.

FLOWERS FOR THE ALTAR – are given today by Margot McDermott, "celebrating my son Michael, as he reaches the 50th milestone, and for all God's blessings so freely bestowed upon me."

READINGS FOR NEXT SUNDAY – February 13 – Jeremiah 17:5-10, Psalm 1, 1 Corinthians 15:12-20, Luke 6:17-26

WORTHY DISCIPLES YOUTH GROUP - gathers every Friday evening in St Mark's parking lot at 7pm! I invite you to come and connect and enjoy being together. Looking forward to seeing you out there! If you have any questions please reach out to Sarah at ymautio@gmail.com

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

SACRED GROUNDS our next on-line coffee hour, takes place next Sunday, February 13, after the 10am Service. Next week's PULSE will be on our website on Fri. Feb 11. See the Sacred Ground poster there.

UPCOMING WORSHIP SERVICES

Wednesday, February 9 - 10am Morning Prayer BCP
Sunday, February 13 - 8am Morning Prayer BCP
Sunday, February 13 - 10am Morning Prayer BAS

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

St Mark's Family, Youth and Children's Time leaves the Journey of Christmas behind and begins a study of Luke.

- Luke 5:1-11 - Jerod and Rachel visit Jesus teaching at the sea side,
- Luke 16:17-26 - The kids learn that having everything right now does not necessarily make things better
- Luke 6:27-36 - Aunt Sue and Rebecca talk about how to deal with a bully
- Luke 9:37-43 - Jonathan and his Sister Saphira learn about Jesus' healing grace.

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>



THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Below is the flower chart for February. If you would like to offer flowers for the sanctuary those months, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

February 13	Mary Brown
February 20	
February 27	



THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

February 13	Brenda Horner
February 20	
February 27	Irene Snow
March 6	Chris and Leslie Ann Hebb

EMBRACE RWANDA UPDATE

The well-prepared team in Rwanda have excelled by keeping all aspects of the program running and flourishing despite the challenges of lockdowns and other COVID restrictions that they faced. Where possible they were able to keep the preschools open for the over 8,000 young children, and help the mothers' group to ensure that they could continue the feeding program for the preschool children. The local HMP associations also excelled in their ability to work together to grow crops and have good harvests generating funds for their families.

Unfortunately, Embrace Rwanda's chicken centre needed to reduce production, due to border closures of the neighbouring countries who bought their chickens and eggs, but they are confident that once the restrictions are lifted they can get back to full production. They plan to expand to include a pig centre that will provide pigs for the families in the HMP and also generate funds within Rwanda to cover their operational costs of running the HMP. Thankfully the banana plantation was not affected and will produce a good harvest in February 2022.

The long-term goal is to achieve local sustainability and reduce the need for overseas funding which was also greatly affected by the pandemic restrictions. However, our awesome God provided for their financial needs once again. **Thank you for your ongoing prayers and financial help.**

PWRDF NEWS

On Friday, January 28, a long-anticipated shipment of PPE arrived in Kingfisher Lake First Nation via airplane. It was the end of a busy seven days for the parish of St. Paul's, Thunder Bay and its incumbent, Archdeacon Deborah Kraft, who stepped up to get emergency supplies to Bearskin Lake and Kingfisher Lake First Nations on behalf of PWRDF.

PWRDF gave \$15,000 to the Diocese of Algoma to support a COVID response in the Spiritual Ministry of Mishamikoweesh in the far north of Ontario. The Omicron variant has had a devastating impact on the community.



Loaded the plane...



...and arriving at the destination.

“On a very cold morning, I am happy to report that all the PPE for Kingfisher Lake First Nation went up north by an Air Bravo charter on January 28, 2022,” wrote Archdeacon Deborah after watching the supplies get loaded onto the plane. “I am very grateful to PWRDF for providing \$5,000 for the purchase of PPE and for paying for the Air Bravo Charter, and to Titus Semple of Semple Enterprises for donating \$6,000 worth of additional PPE.”

Bishop Lydia Mamakwa, unable to travel to the airport because she was self-isolating, shared photos of the PPE being unloaded. A week before, on January 20, a huge truck carrying \$10,000 worth of food and sundries was being loaded at Westfort Foods in Thunder Bay. Archdeacon Deborah consulted with Sharon Angecone, a band member of Bearskin Lake First Nation who lives in Thunder Bay. Angecone arranged a list of needed supplies and helped coordinate the response with Westfort Foods. The truck set out on the ice roads to Bearskin Lake and arrived 16 hours later at the Michikan Lake School, where it was unloaded into the gym and distributed to those in need.

This \$15,000 is part of a larger response to support Indigenous communities in Northern Ontario and Manitoba coping with the pandemic. PWRDF has allocated \$50,000 to Indigenous People's Alliance of Manitoba-North (IPAM-N) to provide cleaning supplies to 12 communities in Northern Manitoba: Sherridon, Pikwitonei, Thicket Portage, Grand Rapids, Wabowden, Cormorant, Easterville, Leaf Rapids, Lynn Lake, Moose Lake, Brochet and Thompson. Another \$15,000 has been allocated to the Diocese of Rupert's Land to provide supplies to Tataskweyak First Nation in Northern Manitoba, also part of the Spiritual Ministry of Mishamikoweesh.

How you can help - To make a donation to this response you may donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and we will return your call, or mail your cheque to PWRDF, 80 Hayden, 3rd floor, Toronto, Ontario, M4Y 3G2. Please mark ***Indigenous COVID*** in the memo field.